



MOUNT ST. MARY ACADEMY

5/20/2026

Dear Parents/Guardians,

***New York State Education Law, Article 19*** requires a health examination for all students entering the school district for the first time ***and*** when entering ***9th, and 11th grade***. The examination must be completed by a New York State licensed physician, physician assistant, or nurse practitioner and on the Required NYS School Health Examination Form. To be valid for the 2026-2027 school year the exam must be dated ***after Sept. 1, 2026***.

A copy of the health examination must be provided to the school within ***30 days*** from when your daughter first starts at the school, ***and*** when your daughter starts ***9th & 11th grades***. If a copy is not given to the school within 30 days, the school will contact you.

If your daughter has an appointment for an exam during this school year that is scheduled ***after the first 30*** days of school, please notify the Health Office with the date.

In addition to an up-to-date physical, Public Health Law 2164 requires that ***any student attending school in NY State must submit written proof of immunizations within 14 days of the start of school. Please obtain this information from your provider before school starts to avoid exclusion from school.*** I am enclosing a copy of the required immunizations for school attendance.

Communication between private and school health staff is important for safe and effective care at school. Your healthcare provider may not share health information with school health staff without your signed permission. Please talk to your provider about signing their consent form for the school at the time of your daughter's examination appointment.

We suggest you make copies of the completed health forms for your own records before sending them to the school health office. Forms may also be faxed to the number below.

Sincerely,  
Eleanor Murcko, LPN  
School Nurse, Mount St Mary Academy

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